

**Samarkand Spring School for Young Psychiatrists (SSSYP),**  
**WPA Educational meeting, organized by the local Society,**  
**part of the future WPA Action Plan**

**PROGRAM**

*Dates : April 9-12 2020*

*Venue: UZBEKISTAN, Samarkand, hotel “Camilla”*

**Steering Committee:**

*Afzal Javed-chairman, WPA*

*Oleg Skugarevsky, WPA*

*Petr Morozov, advisor, RU*

*Zarif Ashurov, co-chairman, UZ*

*Shakhnoza Magzumova, UZ*

**9 of April, Thursday**

**09-00-14-00 Arrival and resettlement**

**14-00-15-0 Lunch**

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**15-00-18-00 Satellite Symposium (sponsored by industries)**

*4 reports x 30 min with coffee break.*

**Chair-Z. ASHUROV**

- 1. Neurotransmitter imbalance in various mental disorders. (Prof. L. Gorobets)*
  - 2. Antipsychotic drugs and comorbid disorders: questions of use, evidence and drug interactions. (Prof. A. Bobrov)*
  - 3. New approaches in treatment of negative disorders (Prof. A. Shmukler)*
  - 4. Third generation of antipsychotics and use of long-acting forms. (Prof. G. Mazo)*
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**18-00-18-45 Contest of winner's paper (Group 1),**

*Co- chair: A, Veliaeva, O. Skugarevsky*

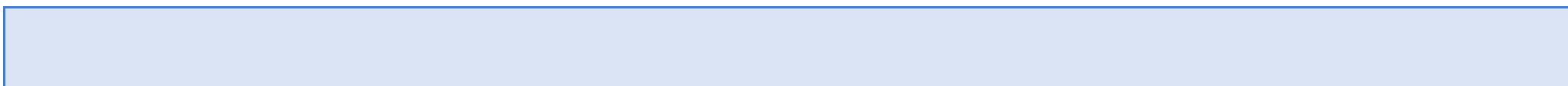
**19-30-21-30 Get Togheter Party** (unformal introduction of participants and faculty members)

**10 April 2020 Wendsday**

<b>TIME</b>	<b>TOPIC</b>	<b>Speaker</b>	<b>Alternative</b>	<b>Room 1</b>	<b>Room 2</b>
<b>07-30-08-30</b> <b>Breakfest meeting</b>	(with one of foreign speaker, by appointment, 10 persons max.)	<b>Dr Rajiv Tandon (USA)</b>			
<b>09-00-09-30</b> <b>Opening Ceremony (Chair- Zarif Ashurov)</b>		<b>Minister of Health; Rector of Tashkent Medical Academy Dr. A.Javed</b>			
<b>10.00 -11.30pm</b> <b>LECTURE Chair: O.Skugarevsky</b>	<b>Psychiatry in the XXI Century, role of the WPA</b>	<b>Dr.AFZAL JAVED</b>			
<b>BREAK-15 MIN</b>					
<b>11-45-13-15</b> <b>Lecture on Comorbidity: chair: P.Morozov</b>	<b>Medical comorbidity in Mental Disorders</b>	<b>Dr. Venugopal Jhanwar (India)</b>			

<b>13-15-14-15</b> <b>Lunch</b>					
<b>14-15--16-15</b> <b>Symposium:</b> <b>Clinical Signs and</b> <b>Symptoms of</b> <b>Thought</b> <b>perceptual and</b> <b>Mood Disorders</b> <b>(Co-chair:</b> <b>O.Skugarevsky,</b> <b>S.Magzumova)</b>	<b>Predictors of</b> <b>schizophrenia</b> <b>and the first</b> <b>episode</b> <b>psychosis,</b> <b>selection of</b> <b>antipsychotics</b>	<b>Dr. Rajiv Tandon</b> <b>(USA)</b>			
	<b>Bipolar Depression-</b> <b>Can we use</b> <b>antidepressants?-</b> <b>Critical Appraisal</b>	<b>Dr. Mohandas</b> <b>(India)</b>			
<b>16-15-16-30</b> <b>Break</b>					
<b>16-30-18-00</b> <b>Panel Discussion</b> <b>(Co-chair: Dr</b> <b>Afzal Javed,</b> <b>P.Morozov)</b>	<b>"How to attract</b> <b>the</b> <b>undergraduate</b> <b>and graduate</b> <b>students to</b> <b>Psychiatry- WPA</b>	<b>Dr.V.Jhanwar(India)</b> <b>Dr Nisha Ravindran</b> <b>&amp; Dr Arun Ravindran</b> <b>(Canada)</b> <b>Prof.A Bobrov (Ru)</b> <b>O.Skugarevsky(BL)</b>			

	<b>Program of Action"</b>				
<b>18-00-18-45</b> <b>Contest of papers (co-chair: S.Magzumova, O.Gorobets)</b>	5 min for each young speaker	<b>GROUP 2 of winners</b>			
<b>19-00-20-00</b> <b>Dinner</b>					
<b>20-00-22-00</b> <b>"Evening with a Cup of Tea" : 5 questions to our Guests (4 from the Moderator, one-from the audience to each), Chair: P.Morozov</b> <b>Invitees: A.Javed, Invited Speakers</b>		<b>R.Tandon,(USA)</b> <b>Dr.Mohandas,(India)</b> <b>Dr.V.Jhanwar(India)</b> <b>Dr. Christina Hoven (USA)</b>			



**April 11 2020 SATURDAY**

<b>TIME</b>	<b>TOPIC</b>	<b>SPEAKER</b>	<b>ALTERNATIVE</b>	<b>Room 1</b>	<b>Room 2</b>
<b>07-30-08-30 Breakfast meeting</b>	<b>(with one of foreign speaker, by appointment, 10 persons max.)</b>	<b>Dr. Christina Hoven (USA)</b>	<b>Zonal Speaker</b>		
<b>09-00—12-30 Symposium (Co- chair O.Skugarevsky, Z.Ashurov) “Comorbidity in Mental Disorders”</b>	<b>1.Selection of Antidepressant in pregnant and lactating women;</b>	<b>Dr. Rajesh Nagpal (India)</b>			
	<b>2.Cancer and psychotherapy, current issue of oncopsychiatry;</b>	<b>Dr. Anukant Mittal (India)</b>			
	<b>3.Pharmacotherapy in patients with endocrinopathies;</b>	<b>Prof.L.Gorobets (Ru)</b>			
	<b>4.Reumatology and Psychiatry: common problems</b>	<b>Prof.D.Veltishev (Ru)</b>			
	<b>5.Problem of drug interactions</b>	<b>Dr. PK Dalal (India)</b>			

<b>12-30-13-30</b> <b>Lunch</b>					
<b>13-30-15-30</b> <b>Clinical case</b> <b>analysys on</b> <b>comorbidity</b> (Co-chair <b>A.Shmukler ,</b> <b>A.Bobrov</b>	<b>Clinical case</b> <b>analysis</b>	<b>Prof.A.Bobrov (RU)</b> <b>A.Schmukler (Ru)</b>			
<b>15-30-15-45</b> <b>Break</b>					
<b>15-45-17-15</b> <b>Symposium</b> <b>“Problem of</b> <b>Alcohol and</b> <b>Drug</b> <b>Dependence”</b> (Chair- <b>E.Krupitsky,</b> <b>Z.Ashurov)</b>	<b>Naltrexon for</b> <b>opioid use</b> <b>disorders: oral,</b> <b>implantable, and</b> <b>injectable.</b> <b>Eating Disorders</b> <b>&amp;Disorders Eating.</b>  <b>Gambling Disorders</b> <b>in Psychiatry.</b>	<b>Prof E.Krupitsky</b> <b>(RU)</b>  <b>O.Skugarevsky(BL)</b>  <b>Prof. A. Bobrov (RU)</b>			

<b>17-15-18-15</b>	<b><i>Ketamine analogs for Treatment Resistant Depression and suicidal ideation</i></b>	<b><i>Dr Nisha Ravindran &amp; Dr Arun Ravindran (Canada)</i></b>			
<b>18-15-19-00</b>	<b><i>“Depression in General Practice”</i></b>	<b><i>Prof. G.Mazo (RU)</i></b>			
<b>18-15-19-00</b> <i>Contest of papers</i>			<b><i>GROUP 3 of winners 5 minutes for each speaker</i></b>	<b><i>Chair: A.Schmukler (Ru) S.Magzumova (Uz)</i></b>	<b><i>ROOM №2</i></b>
<b>19-00-20-00</b> <b><i>Dinner</i></b>					
<b>20-00-22-00</b> <b><i>Evening with a Cup of Tea: “Funny Stories in Psychiatry”</i></b>		<b><i>ALL SPEAKERS with sense of humor</i></b>			

**Sunday, 12 April 2020**

<b>TIME</b>	<b>TOPIC</b>	<b>SPEAKER</b>	<b>ALTERNATIVE</b>	<b>Room 1</b>	<b>Room 2</b>
<b>07-30-08-30</b> <b><i>Breakfest meeting</i></b>		<b><i>Dr Nisha Ravindran (Canada)</i></b>	<b><i>Zonal Speaker</i></b>		



	<i>(with one of foreign speaker, by appointment, 10 persons max.)</i>				
<b>09-00-12-00</b> <b>Symposium «Child and adolescent psychiatry» (Co-Chair- A.Bobrov,A,Nazeer)</b>	<b>Autism urgent updates</b>  <b>Differential diagnosis issue in child psychiatry</b>  <b>Pharmacotherapy in child and adolescent psychiatry.</b>  .	<b>Dr S Naqvi (USA)</b>  <b>Dr Ahsan Nazeer (USA /Qatar)</b>  <b>Dr.S.Naqvi (USA)</b>			
<b>12-00-13-00 LUNCH</b>					
<b>13-00-15-00 Seminar “Research methodology”</b>		<b>Dr Christina Hoven (USA)</b>	<b>ZONAL LEADER</b>		
<b>15-00-15-15 Break</b>					

<b>15-15-16-30</b> <b>Contest of the papers.</b>	<b>Final of Contest (3-5 papers, 10 min each, rewarding of the winners</b>	<b>(Co-chair- Z.Ashurov, O.Skugarevsky)</b>	<b>AFZAL JAVED, SPEAKER (1 to 6)</b>		
<b>16-30-17-00</b> Closing ceremony					
<b>19-00</b> Farewell Party					

*All lectures with consecutive translation*