



Indonesian Early Career Psychiatrist

Indonesian Psychiatric Association



Indonesian Psychiatric Association

**ACTION**  
for Mental Health | pour la Santé Mentale  
Association for the Improvement  
of Mental Health Programmes  
Association pour l'Amélioration des  
Programmes de Santé Mentale

## Course on Leadership and Professional Development for Young Psychiatrist Jakarta – Indonesia, 9-11 March 2020

This course will be organized by Indonesian Early Career Psychiatrist Association in Jakarta, Indonesia during 9-11 March and will be directed by Professor Norman Sartorius working with Professor Mohan Isaac and Dr Hervita Diatri.

This course will aim to enable the participants to acquire skills that will help them to

1. make an effective scientific presentation
2. prepare a poster describing a study or program
3. select and read scientific papers
4. select a subject for research
5. prepare a scientific paper or report
6. chair a meeting
7. write an attractive curriculum vitae
8. be elected
9. decide on priorities

The participants will be expected to prepare a brief (8 minutes) presentation of a subject of their choice and bring along a poster on the same or other subject.

All ASEAN countries' early career psychiatrist with a good command of English are eligible for the course is an essential requirement. **Priority will be given to colleagues who graduated from psychiatric training less than 3 years ago.** There is no limit to the number of applications that any given country can submit.

In all 16 awardees (8 International awardees and 8 Indonesian awardees) will be selected to take part in this valuable training opportunity. The Indonesian Early Career Psychiatrist Association and the Indonesian Psychiatrist Association will host the course and will, with the support of the Lundbeck International Institute provide:

- a. single room accommodation for 4 days 3 nights (check in on March 8<sup>th</sup>, 2020; check out on March 12<sup>th</sup>, 2020) in the course venue for each of the participants.
- b. meals and cultural dinner
- c. certificate of attendance
- d. copy of the materials presented during the course
- e. group photo

If you are interested please complete the following application queries and send the completed form through link [bit.ly/leadership-ecp-jkt](https://bit.ly/leadership-ecp-jkt). Registration **deadline is on January 31<sup>st</sup>, 2020**. Accepted awardees will be informed by email **on the February 7th 2020**. For further questions, please reach us by email to [leadershipindoecp@gmail.com](mailto:leadershipindoecp@gmail.com).

## TERM OF REFERENCE

### **General Background**

Recently 59% of the world's population lives in Asia, with 14.4% living in Southeast Asia, and 3.49% of them are Indonesian. Combining such a large population with the economic conditions of developing countries creates the potential for major psychosocial problems to emerge that affect the mental health status of the population. Unfortunately, in many developing countries, including Indonesia, mental health is not a priority. This stance negatively impacts a number of things, including producing the low quality of available health services, the inadequacy of human and other resources, the difficulty in building collaborations in the field of mental health, and lower research-based information and technology.

Change agents do not necessarily need to be senior psychiatrists within the authoritative structures of the field. Rather, young psychiatrists with dynamic character and who are idealistic and oriented to change might be better resources in the field of mental health; they can play a major role in bringing attention to needed changes in the field of mental health. They can engage in research, gather data, process it, and develop it into information that can benefit the field and suggest ways of making the mental health system better.

To assume such an important role requires that young psychiatrists be adequately trained in needs assessment, the ability to make professional presentations orally and in writing, as well as the ability to conduct a critical assessment of the resources needed to carry out research and apply the results to the mental health system. However, such capacities are not fully developed during formal education. Because of the lack of such training, Prof. Dr. Norman Sartorius, former Director of Mental Health, WHO Geneva, organizes a course on Leadership and Professional Skill Development for young psychiatrists in many countries, including those in Asia. This training has been instrumental in developing many young psychiatrists so far, with many others awaiting training. Similarly, recognizing young psychiatrists as an important component in the development of mental health systems and the need to train them, Prof Dr Mohan Isaac, of UWA, Australia, has been involved in various leadership program with many countries in Asia.

Such collaboration between these two faculties and young psychiatrists, offers an excellent opportunity for those in Southeast Asia especially in Indonesia. Therefore, in coordination with the Indonesian Psychiatric Association, we propose that the Indonesian Early Career Psychiatrist (Indo-ECP) host this important training as a form of investment in the development of professionalism and the capacity of young psychiatrists to play their part in the development of adequate mental health systems in Southeast Asia including from Indonesia.

**Time and Place**

The course will be conducted in Jakarta, Indonesia, from 9-11 March 2020.

**Faculties:**

1. Prof. Norman Sartorius – Switzerland
2. Prof. Mohan Isaac – Australia (to be confirmed)
3. Dr. Hervita Diatri – Indonesia (2007 Fellow)

**Organising Committees:**

1. Dr. Satti Sitanggang – Indonesia (2015 Fellow)
2. Dr. Gina Anindyajati – Indonesia (2018 Fellow)
3. Dr. Andreas Kurniawan – Indonesia (2018 Fellow)

**Course Methods:**

1. Lecture and Q&A
2. Participants presentation
3. Poster presentation
4. Discussion
5. Case studies
6. Role playing
7. Practice sessions

**Recruitment Requirement:**Identifying Information

1. Name:  
Sex: (Male / Female)  
Date of Birth:  
Country of Origin and Residence:  
Email address:
2. Please specify your university, institution, or academic affiliation.
3. What is your current position?
4. Have you ever received travel award support? (No / Yes – please specify)

Updated Curriculum Vitae

Please include the top items from your CV. Be clear, but brief about your accomplishments including research or program development experience, publication, presentation.

National or Regional Organizational Support

1. If you are part of an organization/institution-would the organization/institution support your application? (Please note that formal nomination or support from an organization/institution is required for all applicants).

Letter of motivation

Please provide a letter to describe why you would like to attend the course.

All inquiries need to be submitted online through [bit.ly/leadership-ecp-jkt](https://bit.ly/leadership-ecp-jkt).

**Course on Leadership and Professional Development of Young Psychiatrists Schedule  
Jakarta, Indonesia**

| <b>Time</b> | <b>Sunday<br/>8 March 2020</b>   | <b>Monday<br/>9 March 2020</b>  | <b>Tuesday<br/>10 March 2020</b>   | <b>Wednesday<br/>11 March 2020</b>   |
|-------------|--|---|--|--|
| 08:00-09:30 | PARTICIPANTS AND<br>FACULTIES ARRIVAL<br><br>Hotel Check In<br>(14.00) | Opening<br>Introduction<br><br>Norman Sartorius   | Presentation by participants (2)<br><br>H. Diatri, M. Isaac, N. Sartorius  | Presentation by participants (7)<br><br>H. Diatri, M. Isaac, N. Sartorius                  |
| 09:30-10:00 |  | Coffee and Group Photo  | Coffee   | Coffee   |
| 10:00-11:30 |  | How to make a presentation<br>Norman Sartorius  | How to prepare and chair a<br>meeting<br><br>Norman Sartorius  | Poster walk<br><br>Norman Sartorius  |
| 11:30-12:30 |  | How to produce a CV<br>Mohan Isaac  | Presentation by participants (4)<br>H. Diatri, M. Isaac, N. Sartorius  |  |
| 12:30-13:30 |  | Lunch   | Lunch  | Lunch  |
| 13:30-15:00 |  | Small groups<br>Developing a proposal   | Presentation by participants (5)<br>H. Diatri, M. Isaac, N. Sartorius  | Presentation by small groups:<br>developing a service<br>H. Diatri, M. Isaac, N. Sartorius |
| 15:00-15:30 |  | Coffee  | Coffee   | Coffee   |
| 15:30-17:00 |  | How to write a paper<br>How to select a title<br><br>Mohan Isaac                            | How to write a report<br><br>Mohan<br>Isaac<br><br>How to answer a question<br>How to be elected<br>Norman Sartorius | How to decide on priorities<br>Norman Sartorius  |
| 17:00-18:00 |  | Presentations by participants (1)<br>H. Diatri, M. Isaac, N. Sartorius                      | Presentation by participants (6)<br>H. Diatri, M. Isaac, N. Sartorius  | Evaluation and closure   |
| 19:00-21:00 |  | Lecture on the Indonesian mental<br>health care program<br><br>Hervita Diatri<br><br>Dinner | Dinner   |  |