

European Psychiatric Association

Early Career Psychiatrists Committee (ECPC)

Mariana Pinto da Costa
Chair TF meetings & Associations

*UEMS meeting
St Petersburg, 2017*



Dr Nikolina Jovanovic

UK, Chair



Dr Mariana Pinto da Costa

Portugal, Co-chair



Dr Olga Kazakova

Belarus



Dr Katja Koelkebeck

Germany



Dr Dzmitry Krupchanka

Czech Republic

EPA offers for Early Career Psychiatrists

CONGRESS



Congress Activities for Early
Career Psychiatrists

GEP



Gaining Experience
Programme

B&AC



Books & Articles
Challenge

REACT



Research in
Early Career Psychiatrists
and Trainees

ECP KIT



Keep in Touch

CONGRESS



Congress Activities for Early
Career Psychiatrists

- Scholarships
- Travel grants
- Research prizes
- Dedicated lounge
- Networking event



33% of participants in
Madrid under 35

Dedicated programme in Florence 2017:

Debate:

- Can antipsychotics be discontinued if patients are in remission?
- Should use of all illegal substances be legalised?

Symposiums/Workshops:

- Parental mental health: Best practices
- Starting your private practice: Risks and benefits

@ EPA booth:

- Meet the ECPC

[ecp-epa] EPA - Early Career Psychiatrists SURVEY



Inbox x



Lara LE NOAN



to ecp-epa ▾

Dear colleague,

The Early Career Psychiatrists Committee (ECPC) of the European Psychiatric Association (EPA) aims to give Early Career Psychiatrists (ECPs) a voice in the evolution of training, research and practice standards to enable them to take influence on their own future and career progress.

Please help us to improve our work by answering the following questions - this should take about five minutes: <https://goo.gl/forms/Uiqz5NYEQmS9P6B43>

Thank you for your participation !

EPA offer for Early Career Psychiatrists During the year



- Task forces
- Board membership ex-officio of ECPC chair
- Involvement in numerous EPA activities
- Summer School: **ABCs of Psychotherapy**

GEP



Gaining Experience
Programme

Gaining Experience Programme

- Budapest
- London
- Naples
- Stockholm
- Zamora

2014**PILOT PHASE****(2014-2015)**

- 20 applications
- 4 winners

2015**2nd CALL****(2015-2016)**

- 18 applications
- 5 winners

2016**3rd CALL****(2016-2017)**

- 30 applications
- 5 winners

2017

“The mother-infant clinic and preschool day care unit are not well developed in Poland, so I gained new knowledge. It is impossible to transfer directly methods used in Israel to Poland, but it was useful to gain new perspectives...”

“My colleagues from hosting institution were very friendly and tried to do their best to address my professional interest.”

“I was able to reflect on differences in philosophy of care and patient expectations and how it has shaped services in different countries. I feel I am more equipped and more experienced as a Consultant psychiatrist following my visit to Zurich.”

B&AC

Books & Articles
Challenge

book/paper challenge



EPA-ECPC INVITES YOU:
Share with us your favourite books/papers on
psychiatric practice, training, networking,
education, teaching etc.

REACT



Research in
Early Career Psychiatrists
and Trainees

In cooperation with EFPT:

- Aim to assess the **needs** and **opportunities**, the **barriers** and **facilitators** for research activities among ECPs and psychiatric trainees across Europe
- **survey** distributed during 2018 via EFPT/NTAs for psychiatric trainees and ECP network
- to develop an **action plan** to foster research in the next generation of psychiatrists

EPA offer for Early Career Psychiatrists

Don't forget!

Subscribe to our mailing list ecp-epa@europsy.net



Join us!

EPA offer for Early Career Psychiatrists



Thank you!